

Course Details

Course name	Pitchside Management Course
Course Description	Physiotherapists are increasingly keen to be involved in a variety of sports teams. Especially following the Olympics in London 2012, and the upcoming Commonwealth Games in Glasgow 2014! Undergraduate physiotherapy programmes are too full to cover sports cover in great detail, and post-graduate courses/ programmes are often sport-specific. This course will cover management of all injuries you may encounter on the sport field, including fractures, dislocations, head injuries, spinal injuries, eye injuries, hyper/hypothermia and soft tissue injuries. Legal aspects will also be covered. There will be practical scenarios at the end of the day.
Aims of Course	The aim of this course is to provide participants an introduction to pitchside management. This course will give guidance on how to deal with multiple injuries that are sustained on the field/pitch. This course is aimed at physiotherapists/ physiotherapy students who are keen to be involved with a sport team.
Date	Saturday 1 March 2014
Time	9am – 5pm
Course cost	£100
Course Venue	Physiotherapy Department University Hospital of Hartlepool Holdforth Road Hartlepool TS24 9AH
Map and Directions	http://www.nth.nhs.uk/how-to-find-us
Parking	Please take ticket on entry, pay at end of day.

Presenter	Femke M Nauschutz – BSc (Physio) MSc MCSP
	<p>Femke graduated as a physiotherapist from the University of Stellenbosch, in South Africa in 1992. She then continued her studies at the ETA (Exercise Teachers Academy) and qualified as a Personal Fitness Trainer.</p> <p>Femke has worked in private practice since 1994. She established her own practice (in South Africa) and worked alongside Orthopaedic surgeons in providing physiotherapy for the general public and elite sportsman alike. She has worked with sports teams and provided physiotherapy for large sporting events including Davis Cup (SA), WP cricket and Two Oceans – ultra marathon. She was frequently teaching Taping courses sponsored by Smith & Nephew. She also lectured at the University of Cape Town, South Africa.</p> <p>Femke arrived in the U.K. in 2000 and after working for the NHS in Durham for one year; she worked as a Clinical Specialist in a Sport Injury Clinic until 2008. She was Head Physiotherapist for MCC vs West Indies - 3 Day Cricket Test in June 2007 and Head Physiotherapist for ESAA Sainsbury's English Schools 76th Track & Field Championships in July 2006. She also worked at the London Olympics 2012 as a Games Maker – Physiotherapist for Taekwondo for 3 weeks. She has also been selected to work as Lead Physio at Glasgow 2014 Commonwealth Games.</p> <p>She currently works part-time as a musculoskeletal ESP (with special interest in shoulders) in the NHS (primary care and secondary care), and part-time in her own private practice. She frequently lectures for HE Seminars on Taping techniques.</p> <p>She has, since arriving in the UK, obtained a postgraduate diploma in Orthopaedic Medicine and gained a qualification in Injection Therapy. She also has an MSc in Sports and Exercise Injury Management at Leeds Metropolitan University.</p>
Bring along	<p>Pen and paper.</p> <p>Handouts will be provided.</p>