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## Lecture Details

Lecture name	Advanced Management of the Stiff Shoulder
Lecture Description	This lecture will cover classification, causes, differential diagnosis and radiological investigations of patients presenting with stiff shoulders. Assessment and various treatment techniques will be discussed (e.g. injection therapy, capsular distension, MUA) and demonstrated (e.g. PNF for Scapular Dyskinesis, taping).
Aims of Lecture	The aim of this lecture is to improve participant's knowledge of diagnosis, differential diagnosis and exploring treatment options of the stiff shoulder. This lecture has some practical elements and the participant should feel more confident and equipped to manage patients who present with stiff shoulders in their clinic.
Date	Tuesday 11 March 2014
Time	6pm – 8.30pm
Course cost	£25
Course Venue	Physiotherapy Department University Hospital of Hartlepool Holdforth Road Hartlepool TS24 9AH
Map and Directions	<a href="http://www.nth.nhs.uk/how-to-find-us">http://www.nth.nhs.uk/how-to-find-us</a>
Parking	Please take ticket on entry, pay on leaving

Presenter	Femke Nauschutz MCSP, BSc (Physio), MSc
	<p>Femke currently works as an Upper Limb Extended Scope Practitioner in the NHS (part-time), and has her own private practice in Durham.</p> <p>Femke graduated as a physiotherapist from the University of Stellenbosch, in South Africa in 1992. She then continued her studies at the ETA (Exercise Teachers Academy) and also qualified as a Personal Fitness Trainer. She has, since arriving in the UK in 2000, obtained a postgraduate diploma in Orthopaedic Medicine and gained a qualification in Injection Therapy. She also has an MSc in Sports and Exercise Injury Management at Leeds Metropolitan University.</p> <p>Femke has experience working across different services including: Physiotherapy Outpatients, Musculoskeletal Service, Orthopaedic Outpatients, and private practice.</p> <p>She is passionate about shoulders and sports injuries. She has worked as a sports physiotherapist at various events including Davis Cup (SA), Cricket (MCC v West Indies), Two Oceans (ultra marathon SA), and more recently at the London Olympics 2012 as a Games Maker – Physiotherapist for Taekwondo for 3 weeks. She has also been selected to work as one of the Lead Physio’s at Glasgow 2014 Commonwealth Games.</p>